

Reference No.																			
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SELF-ASSESSMENT GUIDE

Qualification	CAREGIVING (Newborn to Pre-schooler) NC II		
Certificate of Competency (COC 4)	Provide care and support to pre-schooler (3 to 5 years old)		
Units of Competency Covered	<ul style="list-style-type: none"> • Participate in the implementation and monitoring pre-schooler's care plan • Develop the ability to recognize growth and development of pre-schooler • Perform caring skills for pre-schooler 		
Instruction: Read each question and check the appropriate column to indicate your answer.			
Can I?			YES
			NO
PARTICIPATE IN THE IMPLEMENTATION AND MONITORING OF PRE-SCHOOLER'S CARE PLAN			
• Confirm understanding the details of care plan, including parents'/support team member's/authorized persons' participation in the plan *			
• Interpret and clarify caregiver's own roles and responsibilities in pre-schooler's care according to confirmed plan			
• Prepare support activities for pre-schooler's according to approved plan			
• Provide, monitor and/or seek assistance in support/care activities based on care plan *			
• Identify potential or actual risks and what proper response is needed			
• Communicate with parents'/support team member's/authorized persons' on concerns regarding provision of care and support *			
• Document/record relevant information on care and support *			
DEVELOP THE ABILITY TO RECOGNIZE GROWTH AND DEVELOPMENT OF PRE-SCHOOLER			
• Nurture gross and fine motor, including dentition (teeth growth) and physical development needs of pre-schooler *			
• Nurture social, emotional, cognitive and moral development of pre-schooler, including provision of appropriate toys, play and language development *			
• Cultivate sense of initiative, such as independence, self-exploration in pre-schoolers *			
• Identify and manage behavior patterns, including fears of pre-schooler according to stages of growth and development, and guidelines *			
• Nurture feeling of security, trust and allowable autonomy of pre-schooler*			

<ul style="list-style-type: none"> • Document/record daily the relevant information on stages of growth and development * 		
PERFORM CARING SKILLS FOR PRE-SCHOOLER		
<ul style="list-style-type: none"> • Practice safe, proper hygiene and infection control of pre-schooler's environment* 		
<ul style="list-style-type: none"> • Maintain cleanliness of pre-schooler's room, bed, linens and pillow, according to parents' instruction 		
<ul style="list-style-type: none"> • Ensure safe or hazard-free environment of pre-schooler 		
<ul style="list-style-type: none"> • Serve meal to pre-schooler's based on standard guidelines, including appropriate nutritional requirements * 		
<ul style="list-style-type: none"> • Identify and prepare bathing paraphernalia in accordance with established procedure * 		
<ul style="list-style-type: none"> • Prepare pre-schooler for bathing, including taking vital signs based on established procedure * 		
<ul style="list-style-type: none"> • Assist pre-schooler in bathing and changing clothes, sensitive to child's preference, ease of putting on/off or other developmental considerations* 		
<ul style="list-style-type: none"> • Prepare bed and encourage pre-schooler of healthy sleeping patterns* 		
<ul style="list-style-type: none"> • Identify common sleep problems of pre-schooler 		
<ul style="list-style-type: none"> • Confirm understanding of medicine administration to a pre-schooler, to include dosage instructions, reading medication abbreviations, 10 Rights of Medication * 		
<ul style="list-style-type: none"> • Identify pre-schooler's possible adverse reactions to medication* 		
<ul style="list-style-type: none"> • Document/record daily the relevant information on stages of growth and development * 		
<ul style="list-style-type: none"> • Complete tasks as scheduled * 		
<ul style="list-style-type: none"> • Apply basic first aid (common competency)* 		
<p>I agree to undertake assessment with the knowledge that information gathered will only be used for professional development purposes and can only be accessed by concerned assessment personnel and my manager/supervisor.</p>		
Candidate's Name and Signature	Date	

NOTE: *Critical aspects of competency