

Reference No.																			
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SELF-ASSESSMENT GUIDE

Qualification	CAREGIVING (Newborn to Pre-schooler) NC II		
Certificate of Competency (COC 2)	<ul style="list-style-type: none"> Provide Care and Support to Infant (1 month to 1 year old) 		
Units of Competency Covered	<ul style="list-style-type: none"> Participate in the implementation and monitoring of infant's care plan Provide physical needs, care and support to infant Foster social, intellectual and emotional development of infant 		
Instruction: Read each question and check the appropriate column to indicate your answer.			
Can I?	YES	NO	
PARTICIPATE IN THE IMPLEMENTATION AND MONITORING OF INFANT'S CARE PLAN			
<ul style="list-style-type: none"> Explain details of care plan, including parents'/support team member's/authorized persons' participation in in the plan 			
<ul style="list-style-type: none"> Interpret and clarify caregiver's own roles and responsibilities in infant care according to confirmed care plan * 			
<ul style="list-style-type: none"> Provide, monitor and/or seek assistance in support/care activities based on care plan * 			
<ul style="list-style-type: none"> Assist in maintaining a clean, safe and healthy environment 			
<ul style="list-style-type: none"> Identify potential or actual risks present, and what proper response is needed 			
<ul style="list-style-type: none"> Communicate with parents'/support team member's/authorized persons' on concerns regarding provision of care and support * 			
<ul style="list-style-type: none"> Document/record relevant information on care and support * 			
PROVIDE PHYSICAL NEEDS, CARE AND SUPPORT TO INFANT			
<ul style="list-style-type: none"> Practice safe, hygienic care and proper carrying/cuddling techniques of infants* 			
<ul style="list-style-type: none"> Assess condition of infants, including side effects of immunization and other health concerns 			
<ul style="list-style-type: none"> Manage common health concerns of the infant, with parents/support team/authorized persons' permission 			
<ul style="list-style-type: none"> Ensure safe or hazard-free environment of the infant 			
<ul style="list-style-type: none"> Encourage mother to breastfeed following established guidelines (WHO and Philippine Law), ex. proper positioning, infection control 			
<ul style="list-style-type: none"> Prepare milk formula according to prescribed procedure, including cleaning, sterilization of bottles and other utensils * 			
<ul style="list-style-type: none"> Feed infant according to prescribed procedure, including correct quantity and frequency monitoring, burping techniques * 			
<ul style="list-style-type: none"> Introduce solid food, appropriate to infant's age and needs 			

• Identify and prepare bathing paraphernalia in accordance with established procedure *		
• Prepare infant for bathing, including taking vital signs based on established procedure *		
• Bathe and dress infant according to established procedure *		
• Change diaper following established procedure, including safety practice and use of appropriate supplies and practice of proper disposal of used diaper *		
• Demonstrate ability to assess infant's needs, ex. condition of skin, urine and stool during changing of diaper *		
• Maintain cleanliness of infant and his/her environment (room & crib), ex. regularly changing diaper, clothes, linens, pillow cases *		
• Prepare and demonstrate how to put infant to sleep based on established procedure, ex. appropriate sleeping position *		
• Confirm understanding of prescribed medicine administration to infant, to include dosage instructions, reading medication abbreviations, 10 Rights of Medication *		
• Document/record daily the relevant information on stages of growth and development of infant *		
• Complete tasks as scheduled *		
• Applies first aid (from Common Competency) *		
FOSTER PHYSICAL, SOCIAL, EMOTIONAL AND INTELLECTUAL DEVELOPMENT OF INFANT		
• Identify infant reflexes and sensory development, appropriate to stages of growth and development *		
• Nurture gross and fine motor development, appropriate to stages of growth and development *		
• Stimulate infant's interaction (with family members/relatives) and communication skills, including introduction of nursery rhymes, toy & play activities*		
• Respond to distressed behavior (ex. crying, uncomfortable) with appropriate methods, activities and/or non-verbal cues *		
• Nurture feeling of security and trust by cuddling/carrying and giving attention to infant's personal needs *		
• Document/record daily the relevant information on stages of growth and development *		
I agree to undertake assessment with the knowledge that information gathered will only be used for professional development purposes and can only be accessed by concerned assessment personnel and my manager/supervisor.		
Candidate's Name and Signature		Date

NOTE: *Critical aspects of competency