# SELF-ASSESSMENT GUIDE

<table>
<thead>
<tr>
<th>Qualification:</th>
<th>HAIRDRESSING NC II</th>
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</thead>
<tbody>
<tr>
<td>COC 3:</td>
<td>PERFORMING HAIR PERMING/STRAIGHTENING</td>
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</tbody>
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## Units of Competency covered:
- Perform Pre and post hair care activities
- Perform Basic Hair Perming
- Perform Hair Straightening

## Instruction:
- Read each of the questions in the left-hand column of the chart.
- Place a check in the appropriate box opposite each question to indicate your answers.

## Can I?

<table>
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<th>YES</th>
<th>NO</th>
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### Perform Pre and Post Hair Care Activities
- Assist client in accordance with salon procedures.
- Assess built of the client to determine appropriate size of drapery to be used.
- Provide client with appropriate clothing according to desired type of service, size and built.*
- Advise the client to remove all jewelries and accessories*
- Prepare and select necessary tools, supplies and materials according to the type of service. *
- Check and analyze hair to determine appropriate shampoo and/or conditioner to be used in accordance with the type of hair damage. *
- Shampoo and/or condition hair in accordance with the type of service and established or acceptable procedures.*
- Provide first-aid treatment to the client or refer to a health personnel where necessary.*
- Ensure client’s safety and comfort during the entire process.*
- Towel-dry and comb hair according to service requirements.
- Blow dry hair according to service requirements and established or acceptable procedures.*
- Apply finishing products on blow-dried hair according to product specification.
- Clean, sanitize, and store tools and equipment according to OH&S requirements.*
- Segregate and dispose wastes materials according to OH&S requirements.

### Perform Basic Hair Perming
- Advise client to remove all personal belongings.*
- Provide and advise client to wear protective clothing.*
- Check and analyze condition and type of hair.*
- Determine and apply previous chemical treatment on hair.*
- Check scalp condition if free from scratches and open wounds.*
- Advise client to defer hair perming based on adverse scalp and health condition, where necessary.*
- Confirm and record client’s types of hair curls.*
- Prepare and use tools, equipment, supplies and materials according to salon policies and procedures and OH&S requirements.*
- Select and prepare perm solution according to client’s hair type, texture, conditions, and product specifications.*
- Perform hair perming in accordance with established or acceptable procedures and product specifications.*
- Rinse the hair thoroughly, apply hair conditioner, and towel dry
- Ensure client’s safety and comfort during the entire process.*
- Check hair according to client’s desire outcome.*
- Taper, trim and style hair if necessary.
- Confirm client’s satisfaction and make adjustments, if required *
- Advise client’s hair and care maintenance
- Clean and store tools, equipment, supplies and materials in accordance with salon procedures.*
- Dispose waste items properly in accordance with OH&S requirements.*
- Clean and prepare workstation for next activity.

**Perform Hair Straightening**

- Advise client to remove all personal accessories*
- Use protective clothing and gadgets to ensure clients safety and comfort.*
- Check and analyze hair texture and condition together with scalp.*
- Confirm previous hair treatment with the client before doing the desired service.*
- Drape and shampoo client without scratching the scalp.*
- Prepare and use necessary tools and materials according to OH&S requirements.*
- Identify and mix different forms of products based on types of hair and desire hair straightening service in accordance with manufacturer’s instruction.*
- Perform hair straightening in accordance with product specification and established or acceptable procedures.*
- Ensure client’s comfort during the entire process.*
- Provide first-aid treatment to client when necessary or refer to health personnel.*
- Blow dry hair according to salon procedures.*
- Apply protective hair product through the hair before actual ironing.*
- Set iron plate in accordance with hair condition.*
- Sub-section hair according to salon procedures.*
- Iron hair in accordance with salon procedures.*
- Apply fixing solution on the hair in accordance with manufacturer’s instructions.*
- Follow processing time according to manufacturer’s instructions.*
- Rinse hair thoroughly and apply necessary treatment products according to manufacturer’s instructions.
- Check hair result and style according to client’s desire outcome.
- Advise client on hair care and maintenance.*
- Clean, sterilize/sanitize, and store tools, equipment, supplies, and materials after use in accordance with salon procedures.*
- Dispose waste items properly in accordance with OH&S requirements.
- Clean working area in preparation for the next client

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<tr>
<th>Candidate’s Name &amp; Signature</th>
<th>Date</th>
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