

Reference No.																			
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SELF-ASSESSMENT GUIDE

Full Qualification	BEAUTY CARE (SKIN CARE) SERVICES NC II																	
Units of Competency Covered	<ul style="list-style-type: none"> • Perform facial cleansing • Perform temporary hair removal activity • Perform body scrub 																	
Instruction:																		
• Read each question and check the appropriate column to indicate your answer.																		
Can I?																	YES	NO
PERFORM FACIAL CLEANSING																		
• Assess client's medical history, skin types and conditions in accordance with standard procedures *																		
• Advise client based on the result of evaluation *																		
• Prepare tools and equipment to be used for facial cleansing in accordance to manufacturer's manual and/or clinic spa's policies and procedures																		
• Prepare and check supplies, materials and facial cleansing products to be used in accordance with skin type, skin condition and FDA notification																		
• Prepare and secure work station for facial cleansing activity																		
• Prepare client for facial cleansing procedure																		
• Perform facial cleansing in accordance with established facial cleansing procedure and/or DOH, OSH policies or guidelines *																		
• Check for desired result in accordance to standard outcome																		
• Refer or perform appropriate first-aid treatment, if necessary																		
• Advise client on appropriate aftercare regimen, facial maintenance, follow-up schedules and possible post procedure reactions																		
• Fill up or update client's records or forms																		
• Clean and/or sanitize work station, used tools, materials and equipment																		
• Practice proper wastes disposal according to environmental standards																		
PERFORM TEMPORARY HAIR REMOVAL ACTIVITY																		
• Assess client's medical history, skin types and skin condition following standard/industry procedures *																		
• Advise client based on the result of evaluation *																		
• Prepare client for temporary hair removal activity																		
• Determine when to conduct skin test																		
• Prepare and check tools and equipment to be used for hair removal in accordance to manufacturer's manual and/or clinic spa's policies and procedures																		

• Prepare and check supplies, materials and hair removal products to be used in accordance with established procedure FDA notification		
• Prepare and secure work station for hair removal activity		
• Perform hair removal in accordance with established hair removal procedures and/or DOH, OSH policies or guidelines *		
• Check for desired result in accordance to standard outcome		
• Refer or perform appropriate first-aid treatment, if necessary		
• Advise client on skin care regimen, follow-up schedules and possible post procedure reactions		
• Fill up or update client's records or forms		
• Clean and/or sanitize work station, used tools, materials and equipment		
• Practice proper wastes disposal according to environmental standards		
PERFORM BODY SCRUB		
• Assess client's medical history, skin types and skin condition following standard/industry procedures *		
• Advise client based on the result of evaluation *		
• Prepare client for body scrub treatment		
• Prepare and check tools and equipment to be used for body scrub treatment in accordance to manufacturer's manual and/or clinic spa's policies and procedures		
• Prepare and check supplies, materials and scrubbing product ingredients to be used in accordance with product specification and FDA notification		
• Prepare and secure work station for body scrub activity		
• Use scrubbing product ingredients in accordance with product specification and FDA notification		
• Perform body scrub in accordance with established body scrub procedures and/or DOH, OSH policies or guidelines *		
• Check for desired result in accordance to standard outcome		
• Refer or perform appropriate first-aid treatment, if necessary		
• Advise client on appropriate aftercare regimen, follow-up schedules and possible post procedure reactions		
• Fill up or update client's records or forms		
• Clean and sanitize work station, used tools, materials and equipment		
• Practice proper wastes disposal according to environmental standards.		
I agree to undertake assessment with the knowledge that information gathered will only be used for professional development purposes and can only be accessed by concerned assessment personnel and my manager/supervisor.		
Candidate's Name and Signature		Date