**SELF-ASSESSMENT GUIDE**

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<tr>
<th>Qualification</th>
<th>BARANGAY HEALTH SERVICES NC II</th>
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| **Units of Competency Covered** | • Assist the household to identify health problems to promote health and well-being  
• Share knowledge and skills among members to provide information, education and communication (IEC) and/or household teaching in disease prevention and control  
• Ensure the proper maintenance of health station and safe custody of its equipment, medical supplies, materials, and health records  
• Monitor health status of household members under his/her area of service coverage  
• Maintain updated list/records of health activities |

**Instruction:**
- Read each question and check the appropriate column to indicate your answer.

**Can I?** | YES | NO
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**ASSIST THE HOUSEHOLD TO IDENTIFY HEALTH PROBLEMS TO PROMOTE HEALTH AND WELL-BEING**
- Facilitate individuals’ understanding of health services provided by agencies through use of appropriate interpersonal communication skills*
- Communicate the culture, practices/beliefs, needs, issues, feedbacks of individuals/community to service providers *
- Identify support needed by individuals to access health services
- Identify aftercare/follow-up support needed by individuals *
- Document health activities and related information
- Identify advice or health intervention to individual/family/household based on a given scenario
- Give advice to seek consultation or referral to rural health units, based on identified health symptoms *
- Provide culturally sensitive inputs/information as guidance in health planning/intervention, following standard operating procedure *

**SHARE KNOWLEDGE AND SKILLS AMONG MEMBERS TO PROVIDE INFORMATION, EDUCATION AND COMMUNICATION (IEC) AND/OR HOUSEHOLD TEACHING IN DISEASE PREVENTION AND CONTROL**
- Identify community beneficiaries of health programs and services *
- Discuss how to organize network or linkages of beneficiaries to health programs/services
- Discuss how to establish community relationship in accordance with Department of Health’s objectives
- Demonstrate how to share knowledge or updates to fellow Barangay Health workers to provide updates on health programs/projects
- Present information on DOH programs, policies, infection control measures and practices through the guidance of rural health midwife and/or nurse *
- Observe culturally sensitive health strategies according to the needs of the individual/family/household *
- Gather feedback on needed improvement for promotional activities *

**ENSURE SAFE KEEPING OF EQUIPMENT, MEDICAL SUPPLIES, MATERIALS AND HEALTH RECORDS IN HEALTH STATION**

- Demonstrate physical inventory of equipment and medical supplies
- Practice proper storage of equipment and medical supplies in designated place *
- Demonstrate the maintenance of cleanliness and orderliness of barangay health center catchment area
- Orient fellow health workers on proper use and storage of equipment
- Practice proper filing of records for accessibility and completeness *
- Practice proper disposal of damaged records according to protocol of record management systems *

**MONITOR HEALTH STATUS OF HOUSEHOLD MEMBERS UNDER HIS/HER AREA OF SERVICE COVERAGE**

- Identify the priority individual/family/household for consultation
- Get health data information through interview, including vital signs and anthropometric measurements of individual/family/household *
- Identify health and health-related information that need to be monitored *
- Identify health facilities where symptomatic/asymptomatic individuals may be referred to *
- Identify necessary medical documents/records required by health facilities

**MAINTAIN UPDATED LIST/RECORDS OF HEALTH ACTIVITIES**

- Record and sort the socio-demographic data and health condition of individual/family/household based on standard protocol *
- Fill-up applicable/standard forms to report collected data *
- Identify specific cases that need to be reported to supervisor
- Fill-up applicable/standard forms to report specific cases for the supervisor

**OBSERVES WORK ENVIRONMENT, HEALTH AND SAFETY PRACTICES**

- Explain health hazards and risks to individuals from the environment
- Provide information on preventive health measures needed
- Observe health and safety practices in performing tasks *

**IMPLEMENT AND MONITOR INFECTION CONTROL POLICIES AND PROCEDURES**

- Practice proper disposal of medical wastes according to standard protocol
- Explain infection risks and health hazards that need to be reported *

**RESPOND EFFECTIVELY TO DIFFICULT/ CHALLENGING BEHAVIOR**
- Identify instances of difficult or challenging behavior of clients
- Identify appropriate strategies to deal with difficult or challenging behavior of clients *
- Report incidents according to proper protocol

**APPLY BASIC FIRST AID**
- Provide initial response where first aid is required *

I agree to undertake assessment with the knowledge that information gathered will only be used for professional development purposes and can only be accessed by concerned assessment personnel and my manager/supervisor.

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<th>Candidate’s Name and Signature</th>
<th>Date</th>
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